

General Rules

1 - Weber County follows Utah High School Basketball rules. It is the coach's responsibility to know the rules and understand them.

2 – The west bench is the Home-team bench. Second team listed on schedule is designated Home team.

3 - Games will consist of 6-minute quarters with 1 minute intermissions between quarters. Extra periods (overtime) shall each be 3 minutes long until there is a winner.

4 - Time outs are one minute (four time outs per game).

5 – Official ball – 6th- 9th grade boys will use the standard size basketball. 3rd – 5th grade boys and all girls' leagues will use the 28.5 basketball.

6 - No player can play for more than one team in the same league. If there are two leagues, one at Weber County and one at another facility, a player may play for ONE team in each of those leagues. (If the other team is on your schedule, they are in your league.) If a player violates this policy, both teams will forfeit every game that player has played in as that player is illegal. Weber County, nor the overflow facilities, will hold up a game waiting on players from another facility.

7 - Girls are not allowed to play on a boy's team and boys are not allowed to play on a girl's team. Leagues are offered for both.

8 - If team is not present at game start time, team will forfeit.

9 - Players must play in their current grade or may play up to a higher grade. A player may not play down a grade, no matter their age.

10 - Each player must have a parent/guardian sign the team's release form before they may participate.

11 - It is the team and coach's responsibility to notify Weber County Recreation Supervisor of any schedule conflicts for the season and submit all requests **BEFORE** the end of registration. Any schedule request made after the end of registration will result in a \$10 penalty to cover the time associated with redoing schedules. Weber County is not responsible for making up forfeited games due to players' participation in tournaments, other sporting events, school functions, etc. Please check team's availability and submit requests accordingly before the end of registration.

12 –Coaches are not allowed to switch game times with other teams. All game changes must be approved and administered by Weber County Recreation Supervisor. No exceptions. If any team switches game times with another team without going through Weber County to administer the game change, the team that initiated the change will be given a forfeit for that game.

13 – In the event of a tie in standings in league play, whichever team won in head to head competition will take the higher standing.

14 – Boys and girls in all leagues will shoot foul shots from the regular foul shot line.

Coaches

15 - Coach must stay in the coach's box.

16 - Only the head coach may stand while the game is in progress. All assistant coaches must remain on the bench, no exceptions.

Attire

17 - All players must have a number. No duplicate or taped on numbers.

18 - No jewelry.

19 - No pockets on shorts. No taped pockets.

20 - No wrist or arm braces may be worn (See page 25, articles 1 & 2 of NFHS Rule Book).

21 - Player's jersey must be tucked in when he/she comes off the bench. Technical will be called when they step on the court if jersey is not tucked in.

Fouls/Conduct/Technical Fouls

22 - Coaches are responsible for their fans and their conduct. Conduct of players, coaches and all spectators must be consistent with Weber County's Code of Conduct Policy listed on registration form. Any player, coach or spectator that does not follow the Code of Conduct and choose to use profane or abusive language, intentional roughness, fighting (on or off the court), harass the officials, scorekeepers or players, coaches or spectators from another team will be cause for removal from the game and facility. Depending on severity, could be banned from the league and facility and a forfeit can be called on violator's team. *See Code of Conduct Form on Registration Form for further information.

23 - Anyone who threatens or touches any person will be banned from the league.

24- Anyone who gets 2 technical fouls, flagrant foul or is ejected from a game must leave the building immediately and is not allowed to come to the next scheduled game.

Home Team/Pennies

25 - Second team listed on schedule is designated home team. Home team must provide noticeably lighter colored jersey or will wear pennies. Supervisor will have a set of pennies to be used at the Official's discretion if he/she decides the two teams' jerseys are undistinguishable.

IMPORTANT! PLEASE READ!

Effective Fall session of 2018 (October 2018), teams will be required to have reversible jerseys (if you have two separate jerseys, you must bring both sets to each game) with one side being a dark color and one color being a light color. Two dark colored or two light colored sides will not be acceptable. You must have a distinguishable light color and a distinguishable dark color (white/red, light blue/dark blue, white/black, white/green, etc.). Numbers should be legal numbers according to high school rules but *at this time*, not required. If you have any questions on colors and or/numbers for your jerseys, please call us before you order your jerseys. Thank you!